



From the Wellness Office
Rebecca Long, rebecca.long@pinelakeprep.org
Alex Larson, alexandra.larson@pinelakeprep.org
104 Yellow Wood Circle, Mooresville, NC 28115
Phone: 704-237-5333
Fax: 704-237-5398

HEALTH CARE POLICIES

It is the responsibility and obligation of the parents to inform the school of your child's allergies, illnesses, and medications. All forms pertaining to these issues can be found on pinelakeprep.org or requested from the office.

In an effort to protect all children from contagious illness, PLP follows these healthcare policies:

In case of illness, we will contact the parent/or designated emergency contact to pick up the child from the school (within 1 ½ hours) both to prevent transmission to the other children and to provide comfort for the child. In case of contagious illness (or suspected contagious illness), a doctor's note will be required prior to your child returning to school. Pine Lake Preparatory understands that it is difficult for a parent to leave or miss work; therefore, it is suggested that alternative arrangements be made in advance. The following conditions will result in your being contacted to pick up your child:

- Oral temperature of 100.3 degrees or more; axillary temperature of 99.3 degrees or more.
- One episode of vomiting during the course of the school day (per nurse discretion).
- Two episodes of diarrhea or loose stools, inconsistent with usual bowel movements and not associated with antibiotic use. One episode of bloody diarrhea.
- Any suspicious rash.
- Purulent drainage from eyes (pink eye or other contagious eye infection).
- Colored nasal discharge (if transmission cannot be controlled).
- Any symptoms requiring one-on-one care and/or causing severe discomfort.
- Any symptoms accompanied by open, oozing, bacterial infections.

When returning your child to Pine Lake Preparatory after an illness, please remember:

- A child must be free from symptoms such as vomiting and diarrhea for a full 24-hour period prior to returning to school.
- A child must be fever-free for 24 hours prior to returning to school without the use of any fever-reducing medications.
- Any child prescribed an antibiotic due to a contagious illness must take it for 24 hours before returning to school.
- Any contagious illness (such as measles or chickenpox) requires a doctor's note, specifying that the child is no longer contagious, prior to returning to school.
- A child must be able to participate in ALL activities (including outdoor activities) upon returning to school. State law requires that children in Kindergarten through 5th grade go outside everyday (weather permitting). If your child is unable to go outdoors, a doctor's note, including a limit to the time when the child must remain indoors, is required.